



# Plastic Free July® Calendar

## 31 Days of Ideas

<p><b>1</b></p> <p><b>Choosing one small step</b></p>	<p><b>2</b></p> <p>Reusing what you have</p>	<p><b>3</b></p> <p>Avoiding bottled drinks</p>	<p><b>4</b></p> <p>Refusing plastic bags</p>		
<p><b>5</b></p> <p>Ditching disposable cups</p>	<p><b>6</b></p> <p>Avoiding pre-packed produce</p>	<p><b>7</b></p> <p>Skipping the straw</p>	<p><b>8</b></p> <p>Choosing reusable utensils</p>	<p><b>9</b></p> <p>Avoiding plastic food wrap</p>	
<p><b>10</b></p> <p>Swapping bottled soaps for bars</p>	<p><b>11</b></p> <p>Choosing plastic free packaging</p>	<p><b>12</b></p> <p>Making homemade snacks</p>	<p><b>13</b></p> <p>Hosting a morning tea</p>	<p><b>14</b></p> <p>Shopping in bulk food stores</p>	<p><b>15</b></p> <p>Choosing loose tea</p>
<p><b>16</b></p> <p>Switching to reusable safety razors</p>	<p><b>17</b></p> <p>Making household cleaners</p>	<p><b>18</b></p> <p>Bringing reusable containers</p>	<p><b>19</b></p> <p>Reducing plastic in the bathroom</p>	<p><b>20</b></p> <p>Dining in</p>	
<p><b>21</b></p> <p>Picking up litter</p>	<p><b>22</b></p> <p>Switching to plastic free stationery</p>	<p><b>23</b></p> <p>Choosing natural fibres</p>	<p><b>24</b></p> <p>Choosing reusable period products</p>	<p><b>25</b></p> <p>Avoiding plastic bin liners</p>	<p><b>26</b></p> <p>Choosing plastic free toys</p>
<p><b>27</b></p> <p>Making deodorant</p>	<p><b>28</b></p> <p>Learning more</p>	<p><b>29</b></p> <p>Travelling with reusables</p>	<p><b>30</b></p> <p>Plastic free celebrations</p>	<p><b>31</b></p> <p><b>Small steps, big difference</b></p>	

Join millions of people worldwide choosing to refuse single-use plastic.

